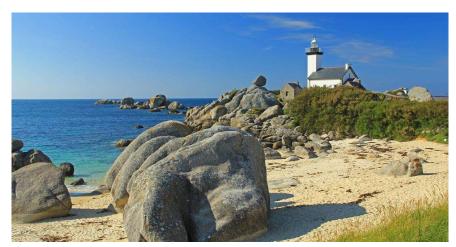


CO25-ST the coast of legends





This little piece of Brittany's coastline, located in the Finistère region, will appeal to lovers of nature and wild landscapes. Between sandy beaches and cliffs, you'll make your way along the coast to discover enchanting Brittany and its charming little villages and ports. Don't forget your binoculars if you don't want to miss out on the many species of birds that inhabit the coastline and its small islands.

Itinerary

Day 1 - Arrival in MORLAIX. Sandwiched between three hills and dominated by an

enormous viaduct, the town of Morlaix stretches along two rivers that join to form the Dossen at Morlaix. Visit old Morlaix, with its narrow streets and magnificent medieval houses. Night and breakfast in a 2-star hotel.

Day 2 - MORLAIX - CARANTEC (23 km). Leaving the city of Morlaix along the river, the trail rises through the countryside. You'll reach the small village of Loquénolé, clinging to the side of the valley and protected from the westerly winds. It enjoys a microclimate and is home to exceptional, luxuriant vegetation. From the village you'll continue along the Bay of Morlaix to reach the Clouet beach before Carantec. This seaside resort is famous for its beautiful beaches and cliffs, which offer magnificent scenery. The many islets off Carentec are home to a large bird sanctuary, where tens of thousands of seabirds live peacefully. Night and breakfast in a 3-star hotel.

Day 3 - CARENTEC - ROSCOFF (24 km). This trail follows the shoreline, then crosses the Pont de la Corde bridge over the deep-sided Penzi River. Via the Plage de Kervigou, you'll reach Saint Pol de Léon, a city of character and seaside resort. This former episcopal city boasts two superb religious buildings, the cathedral in pure Gothic style and Notre Dame du Kreisker, whose spire, a veritable lace of stone, rises to 78 m! The old town is home to some beautiful Renaissance granite mansions not to be missed. After your visit, you can continue your stroll through fields of artichokes and cauliflowers as the path leads away from the sea. After a few beaches and cliffs, you'll reach Roscoff, a former shipowner's town. In addition to its narrow streets, Roscoff boasts a rich religious heritage, with the Notre Dame church and small 16th and 17th century chapels. Dinner, overnight stay and breakfast in a 3-star hotel.



Day 4 - Visit to BATZ ISLAND. This morning you'll set sail for this discreet island, which has managed to retain its originality and charm. You'll discover a wide range of landscapes, from dunes and wetlands to pebble beaches. The island has retained its agricultural vocation, with numerous fields of cauliflowers and potatoes, and is still home to a fishing fleet. You'll visit the chapel of Sainte Anne, then climb the 200 steps to the island's lighthouse for an extraordinary panoramic view of the island and its coastline. Stroll through the exotic garden, which boasts 2,000 species from every continent, including an exceptional collection

of palm trees. The tourist office also offers a walking tour of the island, so don't hesitate to visit them. Dinner, overnight stay and breakfast in the same hotel.

Day 5 - ROSCOFF - MOGUIEREC (21 km). Discover an even wilder coastline along the beaches. After Roscoff, don't miss the islet of Roch Kroum, a Bronze Age necropolis with thirty coffin tombs. You'll head back down to Dossen, then pass by Kénuzéré castle, which once protected access to the Guillec valley. Finally, you'll arrive in Moguirec for the night. Dinner, overnight stay and breakfast in a 3-star hotel.

Day 6 - MOGUIREC - PONT CHRIST (20 km). Get ready to discover a different kind of Brittany, that of the Abers. The wild coastline reveals superb landscapes and iconic sites such as the Port-Neuf fjord and the Kerfissien dunes. As you continue on your way, you'll come across a curiosity: a megalithic complex covered in sand. You'll finally reach the end of this stage, Pont Christ. Night and breakfast in a 3-star hotel.



Day 7 - PONT CHIST - BRIGNOGAN (20 km). This stage takes you through the vast open spaces of Ker Emma, following the beach. Prepare to be overwhelmed by wild, timeless landscapes. Halfway through the stage, you'll find the little chapel of Saint Guévroc, taking you straight back to the 6th century! After a few more efforts, you'll be in the cove of Brignogan plage, the end of your journey. Night, dinner and breakfast in a 3-star hotel.

Day 8 - BRIGNOGAN - end of tour after breakfast

Season

Easter to mid-October. Please note that this region is very busy during the summer, and we recommend booking several months in advance for this period.

What's included?

- 7 nights' accommodation in 2- or 3-star hotels with breakfast, as indicated above
- 4 dinners (regional menus or equivalent)
- luggage transport between hotels
- detailed route book with tourist information and detailed IGN maps
- emergency number where you can reach us at any time



Visa fees - transportation fees to and from the walk area - Insurance (strongly recommended on all trips) - Transfers except those mentioned above – Drinks - Additional meals – Entrance fees - Spending of personal nature e.g. laundry, souvenirs, phone calls,...are not included

Getting there and away

By train: TGV line Paris Montparnasse - Brest

By road: Access via the Oceane freeway (A11) from Paris to Rennes, then the N12 from Rennes to Morlaix.

By air: Brest Bretagne airport in Guipavas, 40 min from Morlaix. Regular domestic routes and international vacation flights.

Where to leave your car: Several unguarded or paying parking lots in Morlaix near the station.

Walk difficulty

Level 2 - The hike may present some difficulties: stages exceeding 20 kilometers or taking place on hilly or uneven terrain. A little physical preparation is necessary for those who have no activity during the year.